

The Pulse of Pine Bluff

“Heart Beat of the City”

April Issue 2016
Volume 3 Issue 4

19th Annual Bass Tournament

If you're a fisherman that's looking for excitement and fun, a chance to win some money, or more importantly, the opportunity to aid a good cause, you'll want to be a part of the 19th Annual Bill Sanders - Bo Piper Memorial Benefit Bass Tournament. Saturday, April 9th at Pine Bluff Regional Park access off the Arkansas River. All proceeds go to help their Agency provide many services to the elderly including

home care, transportation, senior centers, and Meals on Wheels. Boats will launch according to their paid registration numbers. The early entry fee is \$110.00 per 2 person team, including the \$500.00 Big Bass Pot, and two tickets to the King Kat Fish Fry immediately following the weigh-in. The Winners of the tournament will receive \$2,500.00. Top 10 places are guaranteed cash and/or prizes.

For more information please contact Area Agency on Aging of Southeast Arkansas by calling 870-543-6300, toll free 800-264-3260, by emailing [sstichert@aaasea.org](mailto:ssstichert@aaasea.org), jwallace@aaasea.org, or entry forms



can be found online at www.aaasea.org

Inside this Issue:

Mayor Hollingsworth reports	2
Leadership Enrichment Classes	2
Bowl for the Cure	2
Free Financial Classes	3
Neighbor to Neighbor Fish Fry	3
Chili Cook-off	4
Community & Family Health Fair	4

A Night at CASABLANCA

Eat, drink, dance and be giving! CASA Women's Shelter is holding their CASABLANCA Benefit on Saturday, April 2, 2016 at 7:00pm. The event will be located at the Pine Bluff Country Club and ticket are \$100 per person. Tickets can be purchased at the Purple Purse, 1514 State St. in Pine Bluff or call 870-489-1463.

The event will feature Casino-Style Entertainment, Cocktails, Hors d'oeuvres,



Dinner, Dancing, and a Live Auction which will include a trip to Las Vegas!



Mayor Hollingsworth Reports:



With the rebirth of foliage in and around our city comes thoughts of recreation and family oriented activities. The City of Pine Bluff has so much to offer this month and in the next few months to come. You'll discover several indoor and outdoor options in this issue regarding activities throughout our community. There is everything from fishing to cooking, and from self-improvement to financial development. It is my hope that our citizens enjoy the information we place in our city newsletter. If you have any

suggestions or would like to place an article in our publication, contact Kelley Bohlmann at 730-2004 for information relating to our newsletter.

This publication is meant to keep our citizens in the know regarding events, meetings and accomplishments of the city and locally, occurring in our area and surrounding region. Let us know how we can better create our newsletter to serve the citizens of our community.

Mayor Debe Hollingsworth

Personal Growth and Leadership Classes

Improving personal growth and leadership skills are only a class away. John Maxwell Leadership classes are being presented by Mr. Mike Miller, and will begin during the first week in April.

"The 21 Irrefutable Laws of Leadership" will be held at First Assembly of God Church on April 3rd - 6:00pm, 1002 Ridgeway Road. Participants for this class, will need a copy of John Maxwell's book with the same title (21 Irrefutable Laws of Leadership). The book can be purchased on Amazon or on Mr. Miller's website:

www.johnmaxwellgroup.com/michaelmiller/

The class will be free, however, participants will need to register as a guest by calling the church office at 870-535-0371. In addition, "Everyone Communicates, Few Connect" class will begin on April 7th at 6pm.

This class will be held at the Property Shop on Olive St. The class is limited to 12 participants, so register early. The cost for this class will be \$49 and all participants will need a copy of John Maxwell's book (Everyone Communicates, Few Connect). This book can also be purchased on Amazon or on Mr. Miller's website:

www.johnmaxwellgroup.com/michaelmiller/

The \$49 fee pays for the entire course, which will last approximately 6 weeks. Those wanting to participate need to register by calling 870-329-9510 or sending an e-mail request to mikmill@cablelynx.com.



Mike Miller
MBA, JMT Certified
Leadership Coach,
Teacher and Speaker



Bowl for the Cure



Thunders Lanes will offer special discounts on games and bowling shoes during a special Bowl for the Cure event held for the Susan G. Komen Foundation; Saturday, April 9th 2:00 - 4:00p.m. at Thunder Lanes (1600 E. Harding in Pine Bluff) No donation is too small to make a difference in the

lives of the 200,000 women who will be diagnosed with breast cancer this year. For more information, contact Jan Nichols at 870-489-0209.



Free Small Business Financial Planning and Management Classes

FREE Small Business Financial Planning and Management Classes are currently available! Classes are held every Tuesday at 7:00 p.m. at Unity Christian Fellowship Church (UCFC), located at 2712 South Bay Street in Pine Bluff Arkansas (71603). A broad range of topics and subject matter is covered throughout each session. Anthony Armstrong, the pastor of UCFC and regular instructor of the class, shares the overall purpose of these classes. "The word of our God said 'My people Perish for a lack of knowledge (Hos 4:6, Ex 19:21 Proverbs 28:28),' "Rev. Armstrong said. "And because of this, we offer the free finance management classes here at UCFC. Financial education and planning fosters financial stability for individuals, families, and entire communities. The more people who know about credit and banking services, the more likely they are to increase savings, buy homes, and improve their financial health and well being." Anthony Armstrong serves as the Business Analyst for the Arkansas Economic Development Commission, Small and Minority Business Division.

As a business analyst, Anthony provides assistance to small and minority companies through technical assistance, business planning assistance and financial analysis. He developed, implemented and manages the Arkansas Minority Business Loan Mobilization



Program. In addition, he provides community and economic development opportunities through educational/outreach programs. In 2008, Anthony worked as a Banking Center Manager for Bank of America, where his banking center ranked 1st in Small Business Sales and Development nationally. Anthony also served as the Primary Relationship Manager for clients with a net worth of \$1 to \$3.5 million. During 2010 through 2012, he worked at US Bank where he averaged \$1,000,000 in loan volume per quarter for both consumers and small businesses. His community service includes: teaching free financial literacy and planning classes; serving as Director of Financial Management for Freedom to Life Ministries; and volunteering on the advisory committee for Pulaski Technical College School of Business.



**Pastor Anthony Armstrong
Unity Christian Fellowship -
Pine Bluff, Financial Analyst
Arkansas Economic Development
Commission, Small and Minority
Business Division.**



Neighbor to Neighbor Fish Fry



Tickets are now on sale for Neighbor to Neighbor's annual fish fry and silent auction. Catered by the Knights of Columbus, the Neighbor to Neighbor Fish Fry has become a local tradition, known not only for the exceptional food but the financial support it generates for Neighbor to Neighbor. The Fish Fry will be held Friday, April 1st, 11:00a.m. - 1:00p.m. (Lunch) 5:00p.m. - 7:00p.m. (Dinner) at St. Joseph Catholic Church (412 W 6th in Pine

Bluff). The cost will be \$12 per plate and tickets are available in advance at Neighbor to Neighbor or from any board member. Tickets will also be available at the door the day of the event. For more information, contact Neighbor to Neighbor at 534-2883.



The Pulse of Pine Bluff is written and published through the Office of the Mayor, by Special Projects Coordinator, E. Kelley Bohlmann. If you have any questions or would like to enter an article please call 870-730-2004, Fax 870-730-2174—Monday thru Friday from 8:00am till 5:00pm



It's Chili on the Lake

- 11:00am—12:30am Brian Austin Blues Band
- 11:30am Cooking Demonstration (Salsa)
- 12:00noon Chili Tasting/ Hot Pepper Tasting
- 1:00pm—2:30pm On Call Band
- 1:00pm—4:00pm Kayak Race
- 2:30pm Peoples Choice Award & Best Booth
- 3:00pm-4:30pm Platinum Hits Band
- 4:30pm Winners Announced
- 5:00pm Band (TBA)

There will also be rock climbing, line dancing, face painting, paddle boats and much more. Cook Team registration forms will be posted on the city website at:

www.cityofpinebluff.com

It's here! The Pine Bluff Chili Cook-Off will be held on Saturday, April 30, 2016 at Saracen Landing and gates will be open at 10:30am and admission is FREE!

The events are as follows:

- 8:00am 5K Walk/Run - Winners announced at 10:00am

We're on the Web:
www.cityofpinebluff.com

Community and Family Health Fair

Sponsored by Consolidated St. Marion Baptist District Congress
Rev. Steven King Moderator, Rev Brian Castle, President, Dr. Levell Bass, Dean

The Community & Family Health Fair

Saturday, April 23, 2016
9:00am - 2:00pm

Activities will include free screenings of:
 • Diabetes
 • High Blood Pressure
 • Dental
 • Vision
 • Body Mass Measurement
 • And more

Free Food and Prizes

Location
 Mt Harmony Family Life Center
 812 East Harding
 Pine Bluff AR
 Dr. Robert Handley, Pastor

For more information or if you would like to volunteer contact Annie M. Davis, Health Coordinator @ 870-718-6041

Envisioning the Future Exceptionally: "Through Our Commitment to Christian Stewardship" (Jeremiah 29:11; 1 Corinthians 4:1-2)

The Consolidated St. Marion Baptist District Congress will be holding their 1st Annual Health Fair on April 23, 2016 from 9:00am to 2:00pm at the Mt. Harmony Family Life Center. Speakers will include those from the medical profession who will address the issues of End Stage Kidney Disease & Transplants, Diabetes, Hypertension and Heart Disease. There will also be a display table set up for both men, women and children. The Consolidated St Marion Baptist District Congress believe that offering free screenings and making health education accessible, people will become more alert and concerned about their health issues, especially among the black community! The Dean's Office is leading in the development of this program for purposes of providing health education, screening, program information and other resources to our members and community. Jefferson County has a high percentage of health issues. A

survey taken by UAMS has shown that the greatest problem with Jefferson County is largely due to people becoming complacent with their health issues. A high percentage of Jefferson County, especially among young adults do not make regular doctor visits unless they unexpectedly enter the Emergency Room. The Consolidated St. Marion Baptist District Association feels that awareness brings about early detection of some urgent health concerns. Most health issues provide early indications that there's a problem in the body. We hope to convince people to not ignore signs and to make regular visits to the Doctor. Awareness and Education saves lives. This program aims to bring **HOPE** to our communities as we take actions that will dramatically improve our health and provide a positively impact our total well-being.

