

Jefferson County 7th Annual 5K Run/Walk/Dance



To End Childhood Obesity

September 21, 2019

8:00AM Start Time

Uniting Your Heart, Mind & Sole

REGISTRATION

Last Name: _____ First: _____

Date of birth: _____ Sex: M F Age: _____

Address: _____ Phone/E-Mail _____

City, State, Zip: _____

Shirt Size: S M L XL 2XL 3XL _____

Release: I know that participating in club races are potentially hazardous activities. I should not enter in this race unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running/walking/dancing in club races including, but not limited to falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the 5K Celebration Committee and Saracen Landing, and the city of Pine Bluff, Arkansas, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in the race and/or club activities even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.



Signature _____ Date: _____

Parent Signature if under age 18: _____ Date: _____

Make checks payable to: Parks and Recreation PO Box 7676 Pine Bluff, AR 71611
More Information 870-536-0920

Certified Course Recognized by RRCA
Registration Fee: \$20.00 Children 12 and under: FREE
[Facebook.com/JCRunWalkDance](https://www.facebook.com/JCRunWalkDance)